

SENSORY HOME ACTIVITIES

Metal basket

- Cooking pots and pans
- Metal spoons (the louder the noise the better!)
- Metal trays with small metal spoons (again more noise, you can thank me for it later!)
- Small metal bowls.
- Frying pans.



Wooden/natural materials basket

- Wooden spoons big and small
- Coasters
- Pine cones
- Wooden toys i.e. cars or animal figures.
- Small wicker baskets (children love to put objects in and take them out again).



Mirrored basket

- Non breakable reflective materials
- You may have stories with mirrors in them i.e. peek-a-boo baby.
- You could also build on this by taking them to a mirror to play 'peek-a-boo' games and 'where is your nose' babies love to look at their reflection and different facial expressions.

Textures

- Soft materials (could be a small cuddly toy)
- A clean sponge
- Something plastic ie a toy figure or plastic spoon.
- Clean tooth brush.
- Small cardboard box
- Empty Fruit punnet
- Wooden spoon
- Silk scarf
- Leather gloves

