



# Menu 1

## Monday

**Breakfast:** A selection of cereals, yoghurt, banana or toast with a choice of marmite or butter

**Lunch:** Macaroni cheese with broccoli and cauliflower. Yoghurt

**Late afternoon snack:** Crumpets with cheese, soft cheese and/or Marmite, vegetable sticks  
Seasonal fruit

**Snack time:** Selection of fruit/raisins/biscuits/oat cakes/cheesy biscuits/bread sticks with hummus/crackers/rice cakes

## Tuesday

**Breakfast:** A selection of cereals, yoghurt, banana or toast with a choice of marmite or butter

**Lunch:** Chicken stew with rice and mixed vegetables. Carrot cake

**Vegetarian option:** Vegetable stew with rice. Carrot cake

**Late afternoon snack:** Beans on toast. Seasonal fruit.

**Snack time:** Selection of fruit/raisins/biscuits/oat cakes/cheesy biscuits/bread sticks with hummus/crackers/rice cakes

## Wednesday

**Breakfast:** A selection of cereals, yoghurt, banana or toast with a choice of marmite or butter

**Lunch:** Fish cakes with new potatoes, peas and carrots. Natural yogurt with honey.

**Late afternoon snack:** Minestrone soup with bread and butter. Seasonal fruit

**Snack time:** Selection of fruit/raisins/biscuits/oat cakes/cheesy biscuits/bread sticks with hummus/crackers/rice cakes

## Thursday

**Breakfast:** A selection of cereals, yoghurt, banana or toast with a choice of marmite or butter

**Lunch:** Sausage pasta with sweetcorn and green beans. Fruit salad

**Vegetarian option:** Pasta with tomato sauce, cheese, sweetcorn and green beans. Fruit salad

**Late afternoon snack:** Homemade mini pizzas with vegetable sticks. Seasonal fruit.

**Snack time:** Selection of fruit/raisins/biscuits/oat cakes/cheesy biscuits/bread sticks with hummus/crackers/rice cakes

## Friday

**Breakfast:** A selection of cereals, yoghurt, banana or toast with a choice of marmite or butter

**Lunch:** Beef hot pot with seasonal vegetables. Brioche

**Vegetarian option:** Quorn hotpot with seasonal vegetables. Brioche.

**Late afternoon snack:** Scramble eggs. Seasonal fruit

**Snack time:** Selection of fruit/raisins/biscuits/oat cakes/cheesy biscuits/bread sticks with hummus/crackers/rice cakes

